



TOUCHSTONE COUNSELLING

Who we are:

- A small team of practitioners working together to provide support for people who have experienced trauma and abuse linked to faith, beliefs and spirituality.
- Counsellors are committed to upholding the unique value of each individual, are registered, accredited members of the British Association for Counselling and Psychotherapy (BACP) (or working towards accreditation) and abide by the BACP Ethical Framework for the Counselling Professions (2018).
- Touchstone Counselling is funded by the Methodist Church and donations.

Our aim:

to provide an affordable, trauma-informed, culturally sensitive, hope-filled counselling service.

We offer:

- Short-term counselling
- Longer-term counselling
- Sessions in person and online via Zoom

Who we support:

Individuals, aged 18+:

- who have experienced trauma and/or abuse linked to their faith, beliefs and spirituality.
- whose faith, beliefs and spirituality are impacted now by experiences of trauma and/or abuse.

Donations:

We believe counselling should be affordable for everyone and use a sliding-scale donation scheme based on your disposable income. We will discuss and agree this with you.

Next steps:

- Visit Email the Therapeutic Coordinator, Sue Hill, at sue.hill@touchstone-bradford.org.uk to find out more and request a referral form. You can also request a paper copy by calling the District Office, T: 01274 442 670 and leaving your contact details.
- Return your completed referral form to sue.hill@touchstone-bradford.org.uk or by post to Touchstone Counselling.
- We will be in touch to acknowledge receipt and advise of the next steps.

NB: We work Wednesdays and Thursdays and will respond to your communications as soon as we can.

